



16. thüringen ULTRA

Fröttstädt / 06.07.2024

Detailed evaluation

Michael Hilbert

Club: Waldläufer Grünheide

Number: 4

Course: 100.00 km

100 Kilometer

Category:

Senioren M60 (60-64)

Total time: 15:22:06

Speed: 6.51 km/h

Running performance: 9:13 min/km

Rank in course/Total: 152 (of 195)

Rank in course/Men: 119 (of 156)

Best time in course: 8:25:24

Rank in category: 19(of 28)

Best time in the category: 11:44:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:55:47	8:43	20	1:09:34	142	1:41:05	27.00	3:55:47	8:43	20	1:09:34	142	1:41:05
Floh-Seligenthal	27.00	4:02:01	8:57	21	1:05:15	129	1:50:08	54.00	7:57:48	8:50	21	2:14:49	138	3:31:13
Finsterbergen	22.00	3:46:15	10:17	19	58:02	113	1:51:19	76.00	11:44:03	9:15	20	3:01:20	128	5:22:32
Waltershausen	19.00	3:04:11	9:41	17	30:25	92	1:24:12	95.00	14:48:14	9:20	21	3:30:01	124	6:43:58
Fröttstädt	5.00	33:52	6:46	11	7:21	59	12:44	100.00	15:22:06	9:13	19	3:37:22	119	6:56:42