



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Lutz Weber

Club: Lauffeuer Fröttstädt e.V.
Number: 34

Course: 100.00 km
100 Kilometer

Category:
Senioren M60 (60-64)

Total time: 15:32:12

Speed: 6.44 km/h
Running performance: 9:19 min/km

Rank in course/Total: 159 (of 195)

Rank in course/Men: 124 (of 156)

Best time in course: 8:25:24

Rank in category: 22(of 28)

Best time in the category: 11:44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:58:27	8:49	23	147	1:12:14	1:43:45	27.00	3:58:27	8:49	23	147	1:12:14	1:43:45
Floh-Seligenthal	27.00	4:20:01	9:37	23	143	1:23:15	2:08:08	54.00	8:18:28	9:13	24	147	2:35:29	3:51:53
Finsterbergen	22.00	3:37:20	9:52	12	97	49:07	1:42:24	76.00	11:55:48	9:25	21	130	3:13:05	5:34:17
Waltershausen	19.00	2:57:49	9:21	15	83	24:03	1:17:50	95.00	14:53:37	9:24	22	127	3:35:24	6:49:21
Fröttstädt	5.00	38:35	7:43	18	98	12:04	17:27	100.00	15:32:12	9:19	22	124	3:47:28	7:06:48