



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Ralph Dietz

Club: DUV

Number: 136

Course: 100.00 km

100 Kilometer

Category:

Senioren M60 (60-64)

Total time: 16:17:53

Speed: 6.14 km/h

Running performance: 9:46 min/km

Rank in course/Total: 175 (of 195)

Rank in course/Men: 138 (of 156)

Best time in course: 8:25:24

Rank in category: 23(of 28)

Best time in the category: 11:44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:56:23	8:45	21	143	1:10:10	1:41:41	27.00	3:56:23	8:45	21	143	1:10:10	1:41:41
Floh-Seligenthal	27.00	4:21:46	9:41	24	145	1:25:00	2:09:53	54.00	8:18:09	9:13	23	146	2:35:10	3:51:34
Finsterbergen	22.00	3:42:21	10:06	16	106	54:08	1:47:25	76.00	12:00:30	9:28	22	133	3:17:47	5:38:59
Waltershausen	19.00	3:32:27	11:10	24	128	58:41	1:52:28	95.00	15:32:57	9:49	23	138	4:14:44	7:28:41
Fröttstädt	5.00	44:56	8:59	24	124	18:25	23:48	100.00	16:17:53	9:46	23	138	4:33:09	7:52:29