



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Ralph Dietz

Club: DUV

Number: 136

Course: 100.00 km

100 Kilometer

Category:

Senioren M60 (60-64)

Total time: 16:17:53

Speed: 6.14 km/h

Running performance: 9:46 min/km

Rank in course/Total: 175 (of 195)

Rank in course/Men: 138 (of 156)

Best time in course: 8:25:24

Rank in category: 23(of 28)

Best time in the category: 11:44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score		Total ranking								
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:56:23	8:45	21	1:10:10	143	1:41:41	27.00	3:56:23	8:45	21	1:10:10	143	1:41:41
Floh-Seligenthal	27.00	4:21:46	9:41	24	1:25:00	145	2:09:53	54.00	8:18:09	9:13	23	2:35:10	146	3:51:34
Finsterbergen	22.00	3:42:21	10:06	16	54:08	106	1:47:25	76.00	12:00:30	9:28	22	3:17:47	133	5:38:59
Waltershausen	19.00	3:32:27	11:10	24	58:41	128	1:52:28	95.00	15:32:57	9:49	23	4:14:44	138	7:28:41
Fröttstädt	5.00	44:56	8:59	24	18:25	124	23:48	100.00	16:17:53	9:46	23	4:33:09	138	7:52:29