



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Michael Fischer

Club: LF Uerdingen
Number: 52

Course: 100.00 km
100 Kilometer

Category:
Senioren M60 (60-64)

Total time: 17:06:43

Speed: 5.84 km/h
Running performance: 10:16 min/km

Rank in course/Total: 179 (of 195)

Rank in course/Men: 142 (of 156)

Best time in course: 8:25:24

Rank in category: 25(of 28)

Best time in the category: 11:44:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	4:03:32	9:01	24	1:17:19	150	1:48:50	27.00	4:03:32	9:01	24	1:17:19	150	1:48:50
Floh-Seligenthal	27.00	4:23:17	9:45	25	1:26:31	146	2:11:24	54.00	8:26:49	9:23	25	2:43:50	148	4:00:14
Finsterbergen	22.00	4:15:29	11:36	24	1:27:16	137	2:20:33	76.00	12:42:18	10:01	24	3:59:35	139	6:20:47
Waltershausen	19.00	3:43:54	11:47	25	1:10:08	133	2:03:55	95.00	16:26:12	10:22	26	5:07:59	143	8:21:56
Fröttstädt	5.00	40:31	8:06	20	14:00	108	19:23	100.00	17:06:43	10:16	25	5:21:59	142	8:41:19