



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Roland Blumensaat

Number: 151

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M65 (65-69)

Total time: 15:01:21

Speed: 6.66 km/h  
Running performance: 9:00 min/km

Rank in course/Total: 145 (of 195)

Rank in course/Men: 114 (of 156)

Best time in course: 8:25:24

Rank in category: 3(of 4)

Best time in the category: 13:11:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:57:00	8:46	4	49:42	145	1:42:18	27.00	3:57:00	8:46	4	49:42	145	1:42:18
Floh-Seligenthal	27.00	4:09:01	9:13	4	46:13	135	1:57:08	54.00	8:06:01	9:00	4	1:35:55	141	3:39:26
Finsterbergen	22.00	3:32:07	9:38	3	20:12	88	1:37:11	76.00	11:38:08	9:11	4	1:35:07	123	5:16:37
Waltershausen	19.00	2:48:01	8:50	3	17:17	63	1:08:02	95.00	14:26:09	9:07	3	1:47:44	118	6:21:53
Fröttstädt	5.00	35:12	7:02	3	2:04	71	14:04	100.00	15:01:21	9:00	3	1:49:48	114	6:35:57