



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Werner Hirsch

Club: Mannheim
Number: 76

Course: 100.00 km
100 Kilometer

Category:
Senioren M70 (70-74)

Total time: 16:43:33

Speed: 5.98 km/h
Running performance: 10:02 min/km

Rank in course/Total: 177 (of 195)

Rank in course/Men: 140 (of 156)

Best time in course: 8:25:24

Rank in category: 2(of 3)

Best time in the category: 16:03:50

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:42:21	8:14	1	-	127	1:27:39	27.00	3:42:21	8:14	1	-	127	1:27:39
Floh-Seligenthal	27.00	4:02:39	8:59	2	11:46	130	1:50:46	54.00	7:45:00	8:36	2	11:46	133	3:18:25
Finsterbergen	22.00	4:15:39	11:37	2	29:01	138	2:20:43	76.00	12:00:39	9:28	2	1:34	134	5:39:08
Waltershausen	19.00	3:50:38	12:08	2	31:05	136	2:10:39	95.00	15:51:17	10:00	2	32:39	139	7:47:01
Fröttstädt	5.00	52:16	10:27	2	7:04	140	31:08	100.00	16:43:33	10:02	2	39:43	140	8:18:09