



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Teresa Temmler

Number: 178

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W30 (30-34)

Total time: 14:47:44

Speed: 6.76 km/h
Running performance: 8:52 min/km

Rank in course/Total: 137 (of 195)

Rank in course/Women: 30 (of 39)

Best time in course: 9:39:32

Rank in category: 1(of 1)

Best time in the category: 14:47:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:53:41	8:39	1	-	34	1:06:36	27.00	3:53:41	8:39	1	-	34	1:06:36
Floh-Seligenthal	27.00	3:50:56	8:33	1	-	30	1:04:07	54.00	7:44:37	8:36	1	-	32	2:39:19
Finsterbergen	22.00	3:26:40	9:23	1	-	24	1:11:37	76.00	11:11:17	8:49	1	-	31	3:50:56
Waltershausen	19.00	3:00:23	9:29	1	-	29	1:06:41	95.00	14:11:40	8:57	1	-	30	4:57:37
Fröttstädt	5.00	36:04	7:12	1	-	23	12:18	100.00	14:47:44	8:52	1	-	30	5:08:12