



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Nina Ropertz

Club: LG Ultralauf
Number: 186

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W35 (35-39)

Total time: 11:00:23

Speed: 9.09 km/h
Running performance: 6:36 min/km

Rank in course/Total: 18 (of 195)

Rank in course/Women: 3 (of 39)

Best time in course: 9:39:32

Rank in category: 1(of 3)

Best time in the category: 11:00:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:10:00	7:02	1	-	7	22:55	27.00	3:10:00	7:02	1	-	7	22:55
Floh-Seligenthal	27.00	2:55:31	6:30	1	-	3	8:42	54.00	6:05:31	6:46	1	-	4	1:00:13
Finsterbergen	22.00	2:31:53	6:54	1	-	2	16:50	76.00	8:37:24	6:48	1	-	4	1:17:03
Waltershausen	19.00	1:59:13	6:16	1	-	2	5:31	95.00	10:36:37	6:42	1	-	4	1:22:34
Fröttstädt	5.00	23:46	4:45	1	-	1	-	100.00	11:00:23	6:36	1	-	3	1:20:51