



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

**Meinolf Heite**

Club: TuS Wallenstein  
Number: 43

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M30 (30-34)

Total time: 14:49:24

Speed: 6.75 km/h  
Running performance: 8:53 min/km

Rank in course/Total: 138 (of 195)

Rank in course/Men: 108 (of 156)

Best time in course: 8:25:24

Rank in category: 8(of 8)

Best time in the category: 8:25:24

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:29:29	7:45	7	1:14:47	105	1:14:47	27.00	3:29:29	7:45	7	1:14:47	105	1:14:47
Floh-Seligenthal	27.00	3:37:20	8:02	7	1:25:27	101	1:25:27	54.00	7:06:49	7:54	7	2:40:14	102	2:40:14
Finsterbergen	22.00	3:50:37	10:28	7	1:55:41	118	1:55:41	76.00	10:57:26	8:39	7	4:35:55	107	4:35:55
Waltershausen	19.00	3:13:59	10:12	6	1:34:00	108	1:34:00	95.00	14:11:25	8:57	8	6:07:09	109	6:07:09
Fröttstädt	5.00	37:59	7:35	7	16:51	95	16:51	100.00	14:49:24	8:53	8	6:24:00	108	6:24:00