



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Nina Blisse

Club: LG Mauerweg Berlin e.V. / EAT
Number: 1

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W45 (45-49)

Total time: 10:49:40

Speed: 9.24 km/h
Running performance: 6:29 min/km

Rank in course/Total: 16 (of 195)

Rank in course/Women: 2 (of 39)

Best time in course: 9:39:32

Rank in category: 1(of 6)

Best time in the category: 10:49:40

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	2:47:05	6:11	1	-	1	-	27.00	2:47:05	6:11	1	-	1	-
Floh-Seligenthal	27.00	2:54:07	6:26	1	-	2	7:18	54.00	5:41:12	6:19	1	-	2	35:54
Finsterbergen	22.00	2:31:59	6:54	1	-	3	16:56	76.00	8:13:11	6:29	1	-	2	52:50
Waltershausen	19.00	2:09:49	6:49	1	-	3	16:07	95.00	10:23:00	6:33	1	-	2	1:08:57
Fröttstädt	5.00	26:40	5:20	1	-	4	2:54	100.00	10:49:40	6:29	1	-	2	1:10:08