



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Kathleen Tschida

Club: SWV Goldlauter  
Number: 169

Course: 100.00 km  
100 Kilometer

Category:  
Seniorinnen W45 (45-49)

Total time: 13:13:15

Speed: 7.56 km/h  
Running performance: 7:55 min/km

Rank in course/Total: 70 (of 195)

Rank in course/Women: 11 (of 39)

Best time in course: 9:39:32

Rank in category: 3(of 6)

Best time in the category: 10:49:40

Intermediate times

Stage score

Total ranking

| Control          | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|                  |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Glasbachwiese    | 27.00    | 3:07:15    | 6:56         | 3           | 20:10       | 6         | 20:10        | 27.00         | 3:07:15    | 6:56         | 3        | 20:10       | 6         | 20:10        |
| Floh-Seligenthal | 27.00    | 3:18:07    | 7:20         | 3           | 24:00       | 8         | 31:18        | 54.00         | 6:25:22    | 7:08         | 3        | 44:10       | 8         | 1:20:04      |
| Finsterbergen    | 22.00    | 3:13:30    | 8:47         | 3           | 41:31       | 11        | 58:27        | 76.00         | 9:38:52    | 7:37         | 3        | 1:25:41     | 8         | 2:18:31      |
| Waltershausen    | 19.00    | 2:58:23    | 9:23         | 5           | 48:34       | 25        | 1:04:41      | 95.00         | 12:37:15   | 7:58         | 3        | 2:14:15     | 10        | 3:23:12      |
| Fröttstädt       | 5.00     | 36:00      | 7:12         | 5           | 9:20        | 22        | 12:14        | 100.00        | 13:13:15   | 7:55         | 3        | 2:23:35     | 11        | 3:33:43      |