



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Florian Gräf

Number: 207

Course: 100.00 km
100 Kilometer

Category:
Senioren M35 (35-39)

Total time: 9:18:20

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 4 (of 195)

Rank in course/Men: 4 (of 156)

Best time in course: 8:25:24

Rank in category: 1(of 16)

Best time in the category: 9:18:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:27:35	5:27	2	12:27	8	12:53	27.00	2:27:35	5:27	2	12:27	8	12:53
Floh-Seligenthal	27.00	2:24:34	5:21	2	0:40	5	12:41	54.00	4:52:09	5:24	2	13:07	6	25:34
Finsterbergen	22.00	2:12:24	6:01	2	5:41	5	17:28	76.00	7:04:33	5:35	2	18:48	5	43:02
Waltershausen	19.00	1:52:35	5:55	1	-	4	12:36	95.00	8:57:08	5:39	2	4:34	5	52:52
Fröttstädt	5.00	21:12	4:14	1	-	2	0:04	100.00	9:18:20	5:35	1	-	4	52:56