



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Diana Hellebrand

Club: Meddys LWT Koblenz
Number: 208

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W45 (45-49)

Total time: 14:05:09

Speed: 7.10 km/h
Running performance: 8:27 min/km

Rank in course/Total: 105 (of 195)

Rank in course/Women: 23 (of 39)

Best time in course: 9:39:32

Rank in category: 5(of 6)

Best time in the category: 10:49:40

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:39:01	8:06	5	51:56	26	51:56	27.00	3:39:01	8:06	5	51:56	26	51:56
Floh-Seligenthal	27.00	3:41:27	8:12	6	47:20	26	54:38	54.00	7:20:28	8:09	5	1:39:16	28	2:15:10
Finsterbergen	22.00	3:29:52	9:32	6	57:53	26	1:14:49	76.00	10:50:20	8:33	6	2:37:09	27	3:29:59
Waltershausen	19.00	2:42:09	8:32	3	32:20	13	48:27	95.00	13:32:29	8:33	5	3:09:29	24	4:18:26
Fröttstädt	5.00	32:40	6:31	3	6:00	11	8:54	100.00	14:05:09	8:27	5	3:15:29	23	4:25:37