



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Sonja Schmitt

Club: LG Mauerweg Berlin e.V.  
Number: 150

Course: 100.00 km  
100 Kilometer

Category:  
Seniorinnen W45 (45-49)

Total time: 14:27:01

Speed: 6.92 km/h  
Running performance: 8:40 min/km

Rank in course/Total: 121 (of 195)

Rank in course/Women: 26 (of 39)

Best time in course: 9:39:32

Rank in category: 6(of 6)

Best time in the category: 10:49:40

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Glasbachwiese	27.00	3:41:40	8:12	6	54:35	29	54:35	27.00	3:41:40	8:12	6	54:35	29	54:35
Floh-Seligenthal	27.00	3:39:39	8:08	5	45:32	23	52:50	54.00	7:21:19	8:10	6	1:40:07	29	2:16:01
Finsterbergen	22.00	3:24:31	9:17	5	52:32	19	1:09:28	76.00	10:45:50	8:29	5	2:32:39	25	3:25:29
Waltershausen	19.00	2:58:34	9:23	6	48:45	26	1:04:52	95.00	13:44:24	8:40	6	3:21:24	25	4:30:21
Fröttstädt	5.00	42:37	8:31	6	15:57	37	18:51	100.00	14:27:01	8:40	6	3:37:21	26	4:47:29