



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Alina Ginzburg

Number: 54

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W50 (50-54)

Total time: 14:18:36

Speed: 6.99 km/h
Running performance: 8:35 min/km

Rank in course/Total: 113 (of 195)

Rank in course/Women: 25 (of 39)

Best time in course: 9:39:32

Rank in category: 6(of 15)

Best time in the category: 13:26:23

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:17:02	7:17	1	-	10	29:57	27.00	3:17:02	7:17	1	-	10	29:57
Floh-Seligenthal	27.00	3:29:14	7:44	3	8:19	16	42:25	54.00	6:46:16	7:31	2	3:39	13	1:40:58
Finsterbergen	22.00	3:54:42	10:40	13	45:41	36	1:39:39	76.00	10:40:58	8:26	6	37:54	24	3:20:37
Waltershausen	19.00	3:04:02	9:41	9	27:10	30	1:10:20	95.00	13:45:00	8:41	6	51:44	26	4:30:57
Fröttstädt	5.00	33:36	6:43	5	4:25	17	9:50	100.00	14:18:36	8:35	6	52:13	25	4:39:04