



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Nicole Kresse

Club: LG Ultralauf
Number: 105

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W50 (50-54)

Total time: 14:52:03

Speed: 6.73 km/h
Running performance: 8:55 min/km

Rank in course/Total: 141 (of 195)

Rank in course/Women: 31 (of 39)

Best time in course: 9:39:32

Rank in category: 8(of 15)

Best time in the category: 13:26:23

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Behind	Pos	Behind	km	Time	min/km	Cat.	Behind	Pos	Behind
Glasbachwiese	27.00	3:40:32	8:10	8	23:30	28	53:27	27.00	3:40:32	8:10	8	23:30	28	53:27
Floh-Seligenthal	27.00	4:05:43	9:06	13	44:48	35	1:18:54	54.00	7:46:15	8:38	10	1:03:38	33	2:40:57
Finsterbergen	22.00	3:36:33	9:50	8	27:32	30	1:21:30	76.00	11:22:48	8:59	9	1:19:44	32	4:02:27
Waltershausen	19.00	2:56:46	9:18	6	19:54	23	1:03:04	95.00	14:19:34	9:02	8	1:26:18	31	5:05:31
Fröttstädt	5.00	32:29	6:29	2	3:18	10	8:43	100.00	14:52:03	8:55	8	1:25:40	31	5:12:31