



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Judit Menz

Club: ETSV Lauda  
Number: 171

Course: 100.00 km  
100 Kilometer

Category:  
Seniorinnen W50 (50-54)

Total time: 15:20:38

Speed: 6.52 km/h  
Running performance: 9:12 min/km

Rank in course/Total: 151 (of 195)

Rank in course/Women: 33 (of 39)

Best time in course: 9:39:32

Rank in category: 10(of 15)

Best time in the category: 13:26:23

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:52:10	8:35	12	35:08	33	1:05:05	27.00	3:52:10	8:35	12	35:08	33	1:05:05
Floh-Seligenthal	27.00	3:59:05	8:51	11	38:10	33	1:12:16	54.00	7:51:15	8:43	11	1:08:38	34	2:45:57
Finsterbergen	22.00	3:34:58	9:46	7	25:57	28	1:19:55	76.00	11:26:13	9:01	10	1:23:09	33	4:05:52
Waltershausen	19.00	3:12:11	10:06	11	35:19	34	1:18:29	95.00	14:38:24	9:14	10	1:45:08	33	5:24:21
Fröttstädt	5.00	42:14	8:26	15	13:03	36	18:28	100.00	15:20:38	9:12	10	1:54:15	33	5:41:06