



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Claudia Cavaleiro

Club: OSC Waldniel/100 MC
Number: 20

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W50 (50-54)

Total time: 17:47:23

Speed: 5.62 km/h
Running performance: 10:40 min/km

Rank in course/Total: 185 (of 195)

Rank in course/Women: 39 (of 39)

Best time in course: 9:39:32

Rank in category: 15(of 15)

Best time in the category: 13:26:23

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Glasbachwiese	27.00	4:30:22	10:00	15	1:13:20	38	1:43:17	27.00	4:30:22	10:00	15	1:13:20	38	1:43:17
Floh-Seligenthal	27.00	4:57:32	11:01	15	1:36:37	38	2:10:43	54.00	9:27:54	10:30	15	2:45:17	39	4:22:36
Finsterbergen	22.00	fehlt!	-	-	-	-	-	76.00	-	-	-	-	-	-
Waltershausen	19.00	7:41:43	24:18	15	5:04:51	39	5:48:01	95.00	17:09:37	10:50	15	4:16:21	39	7:55:34
Fröttstädt	5.00	37:46	7:33	11	8:35	32	14:00	100.00	17:47:23	10:40	15	4:21:00	39	8:07:51