



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Katrin von Iven

Club: LSG Ascania Aschersleben
Number: 214

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W55 (55-59)

Total time: 13:05:12

Speed: 7.64 km/h
Running performance: 7:51 min/km

Rank in course/Total: 62 (of 195)

Rank in course/Women: 9 (of 39)

Best time in course: 9:39:32

Rank in category: 3(of 7)

Best time in the category: 11:02:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:19:30	7:23	3	25:07	11	32:25	27.00	3:19:30	7:23	3	25:07	11	32:25
Floh-Seligenthal	27.00	3:25:21	7:36	3	38:32	11	38:32	54.00	6:44:51	7:29	3	1:03:39	12	1:39:33
Finsterbergen	22.00	3:10:41	8:40	3	29:10	10	55:38	76.00	9:55:32	7:50	3	1:32:49	10	2:35:11
Waltershausen	19.00	2:36:08	8:13	3	22:24	9	42:26	95.00	12:31:40	7:54	3	1:55:13	9	3:17:37
Fröttstädt	5.00	33:32	6:42	4	7:19	15	9:46	100.00	13:05:12	7:51	3	2:02:32	9	3:25:40