



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Claudia Balsen

Club: LG Mauerweg Berlin e.V.
Number: 30

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W55 (55-59)

Total time: 17:12:25

Speed: 5.81 km/h
Running performance: 10:19 min/km

Rank in course/Total: 181 (of 195)

Rank in course/Women: 38 (of 39)

Best time in course: 9:39:32

Rank in category: 7(of 7)

Best time in the category: 11:02:40

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	4:25:30	9:50	7	1:31:07	37	1:38:25	27.00	4:25:30	9:50	7	1:31:07	37	1:38:25
Floh-Seligenthal	27.00	4:27:52	9:55	7	1:41:03	37	1:41:03	54.00	8:53:22	9:52	7	3:12:10	38	3:48:04
Finsterbergen	22.00	4:11:46	11:26	7	1:30:15	38	1:56:43	76.00	13:05:08	10:19	7	4:42:25	38	5:44:47
Waltershausen	19.00	3:18:49	10:27	7	1:05:05	36	1:25:07	95.00	16:23:57	10:21	7	5:47:30	38	7:09:54
Fröttstädt	5.00	48:28	9:41	7	22:15	39	24:42	100.00	17:12:25	10:19	7	6:09:45	38	7:32:53