



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Christian Post

Number: 92

Course: 100.00 km
100 Kilometer

Category:
Senioren M35 (35-39)

Total time: 11:43:46

Speed: 8.53 km/h

Running performance: 7:02 min/km

Rank in course/Total: 29 (of 195)

Rank in course/Men: 24 (of 156)

Best time in course: 8:25:24

Rank in category: 9(of 16)

Best time in the category: 9:18:20

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Glasbachwiese	27.00	3:00:20	6:40	10	45:12	30	45:38	27.00	3:00:20	6:40	10	45:12	30	45:38
Floh-Seligenthal	27.00	3:03:35	6:47	11	39:41	28	51:42	54.00	6:03:55	6:44	11	1:24:53	30	1:37:20
Finsterbergen	22.00	2:55:35	7:58	11	48:52	27	1:00:39	76.00	8:59:30	7:05	12	2:13:45	30	2:37:59
Waltershausen	19.00	2:17:30	7:14	8	24:55	17	37:31	95.00	11:17:00	7:07	9	2:24:26	24	3:12:44
Fröttstädt	5.00	26:46	5:21	3	5:34	14	5:38	100.00	11:43:46	7:02	9	2:25:26	24	3:18:22