



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Tobias Mieth

Club: SV Elbland Coswig - Meißen
Number: 3

Course: 100.00 km
100 Kilometer

Category:
Senioren M40 (40-44)

Total time: 9:44:43

Speed: 10.26 km/h
Running performance: 5:50 min/km

Rank in course/Total: 10 (of 195)

Rank in course/Men: 9 (of 156)

Best time in course: 8:25:24

Rank in category: 2(of 15)

Best time in the category: 9:39:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:24:30	5:21	1	-	5	9:48	27.00	2:24:30	5:21	1	-	5	9:48
Floh-Seligenthal	27.00	2:35:26	5:45	4	6:28	11	23:33	54.00	4:59:56	5:33	1	-	7	33:21
Finsterbergen	22.00	2:20:26	6:23	3	6:17	9	25:30	76.00	7:20:22	5:47	1	-	7	58:51
Waltershausen	19.00	1:58:53	6:15	3	6:11	8	18:54	95.00	9:19:15	5:53	2	5:11	9	1:14:59
Fröttstädt	5.00	25:28	5:05	2	1:24	8	4:20	100.00	9:44:43	5:50	2	5:10	9	1:19:19