



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Michael Häfner

Club: FdFK

Number: 112

Course: 100.00 km

100 Kilometer

Category:

Senioren M40 (40-44)

Total time: 11:04:26

Speed: 9.03 km/h

Running performance: 6:38 min/km

Rank in course/Total: 20 (of 195)

Rank in course/Men: 16 (of 156)

Best time in course: 8:25:24

Rank in category: 5(of 15)

Best time in the category: 9:39:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:32:59	5:39	4	8:29	10	18:17	27.00	2:32:59	5:39	4	8:29	10	18:17
Floh-Seligenthal	27.00	2:32:34	5:39	2	3:36	8	20:41	54.00	5:05:33	5:39	3	5:37	10	38:58
Finsterbergen	22.00	2:55:20	7:58	8	41:11	25	1:00:24	76.00	8:00:53	6:19	5	40:31	14	1:39:22
Waltershausen	19.00	2:36:01	8:12	10	43:19	37	56:02	95.00	10:36:54	6:42	5	1:22:50	16	2:32:38
Fröttstädt	5.00	27:32	5:30	6	3:28	20	6:24	100.00	11:04:26	6:38	5	1:24:53	16	2:39:02