



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Theodosios Alexandrou

Number: 122

Course: 100.00 km  
100 Kilometer

Category:  
Männer (20-29)

Total time: 15:11:39

Speed: 6.58 km/h  
Running performance: 9:06 min/km

Rank in course/Total: 150 (of 195)

Rank in course/Men: 118 (of 156)

Best time in course: 8:25:24

Rank in category: 3(of 7)

Best time in the category: 9:07:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:14:23	7:11	5	47:20	61	59:41	27.00	3:14:23	7:11	5	47:20	61	59:41
Floh-Seligenthal	27.00	3:42:55	8:15	5	1:18:39	109	1:31:02	54.00	6:57:18	7:43	5	2:05:59	88	2:30:43
Finsterbergen	22.00	3:33:17	9:41	3	1:27:53	92	1:38:21	76.00	10:30:35	8:17	4	3:33:52	88	4:09:04
Waltershausen	19.00	3:43:57	11:47	3	1:55:37	134	2:03:58	95.00	14:14:32	8:59	3	5:29:29	112	6:10:16
Fröttstädt	5.00	57:07	11:25	5	35:06	143	35:59	100.00	15:11:39	9:06	3	6:04:35	118	6:46:15