



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Toni Hecker

Club: SV Teuto Riesenbeck
Number: 100

Course: 100.00 km
100 Kilometer

Category:
Senioren M40 (40-44)

Total time: 12:09:47

Speed: 8.22 km/h
Running performance: 7:17 min/km

Rank in course/Total: 36 (of 195)

Rank in course/Men: 31 (of 156)

Best time in course: 8:25:24

Rank in category: 9(of 15)

Best time in the category: 9:39:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:53:06	6:24	6	28:36	23	38:24	27.00	2:53:06	6:24	6	28:36	23	38:24
Floh-Seligenthal	27.00	3:02:35	6:45	8	33:37	26	50:42	54.00	5:55:41	6:35	7	55:45	27	1:29:06
Finsterbergen	22.00	2:56:20	8:00	9	42:11	30	1:01:24	76.00	8:52:01	7:00	8	1:31:39	24	2:30:30
Waltershausen	19.00	2:46:20	8:45	11	53:38	59	1:06:21	95.00	11:38:21	7:21	9	2:24:17	32	3:34:05
Fröttstädt	5.00	31:26	6:17	11	7:22	41	10:18	100.00	12:09:47	7:17	9	2:30:14	31	3:44:23