



16. thüringen ULTRA

Fröttstädt / 06.07.2024

Detailed evaluation

Stefan Meyer

Club: BSV Halle-Ammendorf / Orientierungslauf
Number: 189

Course: 100.00 km
100 Kilometer

Category:
Senioren M40 (40-44)

Total time: 12:23:14

Speed: 8.07 km/h
Running performance: 7:25 min/km

Rank in course/Total: 43 (of 195)

Rank in course/Men: 37 (of 156)

Best time in course: 8:25:24

Rank in category: 10(of 15)

Best time in the category: 9:39:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:17:20	7:18	11	52:50	68	1:02:38	27.00	3:17:20	7:18	11	52:50	68	1:02:38
Floh-Seligenthal	27.00	3:08:21	6:58	10	39:23	38	56:28	54.00	6:25:41	7:08	10	1:25:45	53	1:59:06
Finsterbergen	22.00	3:01:57	8:16	10	47:48	37	1:07:01	76.00	9:27:38	7:28	10	2:07:16	44	3:06:07
Waltershausen	19.00	2:27:08	7:44	8	34:26	24	47:09	95.00	11:54:46	7:31	10	2:40:42	38	3:50:30
Fröttstädt	5.00	28:28	5:41	7	4:24	26	7:20	100.00	12:23:14	7:25	10	2:43:41	37	3:57:50