



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Florian Lenz

Club: Trail Running Crew Thüringen
Number: 198

Course: 100.00 km
100 Kilometer

Category:
Senioren M40 (40-44)

Total time: 14:30:31

Speed: 6.89 km/h
Running performance: 8:42 min/km

Rank in course/Total: 125 (of 195)

Rank in course/Men: 99 (of 156)

Best time in course: 8:25:24

Rank in category: 13(of 15)

Best time in the category: 9:39:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:44:35	8:19	14	135	14	135	27.00	3:44:35	8:19	14	135	14	135
Floh-Seligenthal	27.00	3:38:14	8:04	13	103	13	103	54.00	7:22:49	8:12	13	113	13	113
Finsterbergen	22.00	3:31:47	9:37	12	87	12	87	76.00	10:54:36	8:36	13	105	13	105
Waltershausen	19.00	2:56:20	9:16	12	79	12	79	95.00	13:50:56	8:44	12	98	12	98
Fröttstädt	5.00	39:35	7:55	14	105	14	105	100.00	14:30:31	8:42	13	99	13	99