



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Florian Lenz

Club: Trail Running Crew Thüringen  
Number: 198

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M40 (40-44)

Total time: 14:30:31

Speed: 6.89 km/h  
Running performance: 8:42 min/km

Rank in course/Total: 125 (of 195)

Rank in course/Men: 99 (of 156)

Best time in course: 8:25:24

Rank in category: 13(of 15)

Best time in the category: 9:39:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:44:35	8:19	14	135	1:20:05	1:29:53	27.00	3:44:35	8:19	14	135	1:20:05	1:29:53
Floh-Seligenthal	27.00	3:38:14	8:04	13	103	1:09:16	1:26:21	54.00	7:22:49	8:12	13	113	2:22:53	2:56:14
Finsterbergen	22.00	3:31:47	9:37	12	87	1:17:38	1:36:51	76.00	10:54:36	8:36	13	105	3:34:14	4:33:05
Waltershausen	19.00	2:56:20	9:16	12	79	1:03:38	1:16:21	95.00	13:50:56	8:44	12	98	4:36:52	5:46:40
Fröttstädt	5.00	39:35	7:55	14	105	15:31	18:27	100.00	14:30:31	8:42	13	99	4:50:58	6:05:07