



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

andreas haverkamp

Club: lg ultralauf / vegan runners germany
Number: 172

Course: 100.00 km
100 Kilometer

Category:
Senioren M40 (40-44)

Total time: 16:14:04

Speed: 6.16 km/h
Running performance: 9:44 min/km

Rank in course/Total: 173 (of 195)

Rank in course/Men: 136 (of 156)

Best time in course: 8:25:24

Rank in category: 14(of 15)

Best time in the category: 9:39:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:30:14	7:47	13	1:05:44	108	1:15:32	27.00	3:30:14	7:47	13	1:05:44	108	1:15:32
Floh-Seligenthal	27.00	4:06:12	9:07	14	1:37:14	133	1:54:19	54.00	7:36:26	8:27	14	2:36:30	128	3:09:51
Finsterbergen	22.00	4:07:28	11:14	14	1:53:19	133	2:12:32	76.00	11:43:54	9:15	14	4:23:32	127	5:22:23
Waltershausen	19.00	3:42:08	11:41	14	1:49:26	131	2:02:09	95.00	15:26:02	9:44	14	6:11:58	135	7:21:46
Fröttstädt	5.00	48:02	9:36	15	23:58	133	26:54	100.00	16:14:04	9:44	14	6:34:31	136	7:48:40