



16. thüringen ULTRA

Fröttstädt / 06.07.2024

Detailed evaluation

Mathias De Prest

Club: LG Mauerweg Berlin e.V.
Number: 177

Course: 100.00 km
100 Kilometer

Category:
Senioren M45 (45-49)

Total time: 11:10:20

Speed: 8.95 km/h
Running performance: 6:42 min/km

Rank in course/Total: 21 (of 195)

Rank in course/Men: 17 (of 156)

Best time in course: 8:25:24

Rank in category: 1(of 13)

Best time in the category: 11:10:20

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:46:01	6:08	1	-	16	31:19	27.00	2:46:01	6:08	1	-	16	31:19
Floh-Seligenthal	27.00	2:52:04	6:22	1	-	18	40:11	54.00	5:38:05	6:15	1	-	16	1:11:30
Finsterbergen	22.00	2:40:42	7:18	1	-	16	45:46	76.00	8:18:47	6:33	1	-	16	1:57:16
Waltershausen	19.00	2:23:16	7:32	1	-	21	43:17	95.00	10:42:03	6:45	1	-	18	2:37:47
Fröttstädt	5.00	28:17	5:39	1	-	24	7:09	100.00	11:10:20	6:42	1	-	17	2:44:56