



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Guido Hildebrandt

Club: SSV FSG Eisenberg
Number: 12

Course: 100.00 km
100 Kilometer

Category:
Senioren M45 (45-49)

Total time: 13:37:54

Speed: 7.34 km/h
Running performance: 8:10 min/km

Rank in course/Total: 86 (of 195)

Rank in course/Men: 71 (of 156)

Best time in course: 8:25:24

Rank in category: 6(of 13)

Best time in the category: 11:10:20

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:23:37	7:32	8	37:36	82	1:08:55	27.00	3:23:37	7:32	8	37:36	82	1:08:55
Floh-Seligenthal	27.00	3:24:26	7:34	7	32:22	66	1:12:33	54.00	6:48:03	7:33	8	1:09:58	76	2:21:28
Finsterbergen	22.00	3:19:16	9:03	6	38:34	62	1:24:20	76.00	10:07:19	7:59	7	1:48:32	69	3:45:48
Waltershausen	19.00	2:58:36	9:24	8	35:20	86	1:18:37	95.00	13:05:55	8:16	6	2:23:52	76	5:01:39
Fröttstädt	5.00	31:59	6:23	2	3:42	46	10:51	100.00	13:37:54	8:10	6	2:27:34	71	5:12:30