



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Maik Berthold

Club: Lomnitzer SV  
Number: 138

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M45 (45-49)

Total time: 13:48:48

Speed: 7.24 km/h  
Running performance: 8:17 min/km

Rank in course/Total: 97 (of 195)

Rank in course/Men: 78 (of 156)

Best time in course: 8:25:24

Rank in category: 7(of 13)

Best time in the category: 11:10:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:04:14	6:49	3	18:13	41	49:32	27.00	3:04:14	6:49	3	18:13	41	49:32
Floh-Seligenthal	27.00	3:29:56	7:46	8	37:52	84	1:18:03	54.00	6:34:10	7:17	4	56:05	59	2:07:35
Finsterbergen	22.00	3:19:43	9:04	7	39:01	65	1:24:47	76.00	9:53:53	7:48	5	1:35:06	55	3:32:22
Waltershausen	19.00	3:12:25	10:07	11	49:09	105	1:32:26	95.00	13:06:18	8:16	7	2:24:15	77	5:02:02
Fröttstädt	5.00	42:30	8:30	10	14:13	113	21:22	100.00	13:48:48	8:17	7	2:38:28	78	5:23:24