



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Björn Siebenlist

Club: Südthuringentrail e.V.
Number: 146

Course: 100.00 km
100 Kilometer

Category:
Senioren M45 (45-49)

Total time: 14:20:38

Speed: 6.97 km/h
Running performance: 8:36 min/km

Rank in course/Total: 115 (of 195)

Rank in course/Men: 90 (of 156)

Best time in course: 8:25:24

Rank in category: 9(of 13)

Best time in the category: 11:10:20

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:26:40	7:39	12	40:39	96	1:11:58	27.00	3:26:40	7:39	12	40:39	96	1:11:58
Floh-Seligenthal	27.00	3:33:52	7:55	9	41:48	90	1:21:59	54.00	7:00:32	7:47	10	1:22:27	96	2:33:57
Finsterbergen	22.00	3:25:18	9:19	8	44:36	78	1:30:22	76.00	10:25:50	8:14	8	2:07:03	81	4:04:19
Waltershausen	19.00	3:12:04	10:06	10	48:48	103	1:32:05	95.00	13:37:54	8:36	9	2:55:51	88	5:33:38
Fröttstädt	5.00	42:44	8:32	11	14:27	117	21:36	100.00	14:20:38	8:36	9	3:10:18	90	5:55:14