



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

André Christian Jakob

Club: bevegt.de

Number: 14

Course: 100.00 km

100 Kilometer

Category:

Senioren M45 (45-49)

Total time: 14:51:06

Speed: 6.73 km/h

Running performance: 8:54 min/km

Rank in course/Total: 139 (of 195)

Rank in course/Men: 109 (of 156)

Best time in course: 8:25:24

Rank in category: 12(of 13)

Best time in the category: 11:10:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:26:16	7:38	11	40:15	93	1:11:34	27.00	3:26:16	7:38	11	40:15	93	1:11:34
Floh-Seligenthal	27.00	3:46:30	8:23	13	54:26	112	1:34:37	54.00	7:12:46	8:00	13	1:34:41	108	2:46:11
Finsterbergen	22.00	3:45:40	10:15	10	1:04:58	110	1:50:44	76.00	10:58:26	8:39	13	2:39:39	108	4:36:55
Waltershausen	19.00	3:16:23	10:20	12	53:07	111	1:36:24	95.00	14:14:49	8:59	13	3:32:46	113	6:10:33
Fröttstädt	5.00	36:17	7:15	6	8:00	81	15:09	100.00	14:51:06	8:54	12	3:40:46	109	6:25:42