



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Michael Wiedig

Club: Aschersleben  
Number: 219

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M45 (45-49)

Total time: 15:04:42

Speed: 6.63 km/h  
Running performance: 9:02 min/km

Rank in course/Total: 148 (of 195)

Rank in course/Men: 117 (of 156)

Best time in course: 8:25:24

Rank in category: 13(of 13)

Best time in the category: 11:10:20

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:21:40	7:28	6	35:39	76	1:06:58	27.00	3:21:40	7:28	6	35:39	76	1:06:58
Floh-Seligenthal	27.00	3:20:36	7:25	5	28:32	58	1:08:43	54.00	6:42:16	7:26	6	1:04:11	67	2:15:41
Finsterbergen	22.00	3:54:36	10:39	13	1:13:54	126	1:59:40	76.00	10:36:52	8:22	9	2:18:05	91	4:15:21
Waltershausen	19.00	3:37:29	11:26	13	1:14:13	129	1:57:30	95.00	14:14:21	8:59	12	3:32:18	111	6:10:05
Fröttstädt	5.00	50:21	10:04	13	22:04	138	29:13	100.00	15:04:42	9:02	13	3:54:22	117	6:39:18