



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Torsten Kraushaar

Number: 18

Course: 100.00 km
100 Kilometer

Category:
Senioren M50 (50-54)

Total time: 11:33:02

Speed: 8.66 km/h
Running performance: 6:55 min/km

Rank in course/Total: 25 (of 195)

Rank in course/Men: 21 (of 156)

Best time in course: 8:25:24

Rank in category: 2(of 31)

Best time in the category: 11:28:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:47:47	6:12	2	0:41	19	33:05	27.00	2:47:47	6:12	2	0:41	19	33:05
Floh-Seligenthal	27.00	2:52:29	6:23	1	-	19	40:36	54.00	5:40:16	6:18	1	-	17	1:13:41
Finsterbergen	22.00	2:59:45	8:10	5	9:19	35	1:04:49	76.00	8:40:01	6:50	2	2:39	21	2:18:30
Waltershausen	19.00	2:24:37	7:36	2	0:50	23	44:38	95.00	11:04:38	6:59	2	3:29	22	3:00:22
Fröttstädt	5.00	28:24	5:40	4	2:18	25	7:16	100.00	11:33:02	6:55	2	4:30	21	3:07:38