



16. thüringen ULTRA

Fröttstädt / 06.07.2024

Detailed evaluation

Dieter Schaab

Club: Lokomotive Auxburg
Number: 140

Course: 100.00 km
100 Kilometer

Category:
Senioren M50 (50-54)

Total time: 11:51:41

Speed: 8.43 km/h
Running performance: 7:07 min/km

Rank in course/Total: 31 (of 195)

Rank in course/Men: 26 (of 156)

Best time in course: 8:25:24

Rank in category: 3(of 31)

Best time in the category: 11:28:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:51:34	6:21	3	4:28	20	36:52	27.00	2:51:34	6:21	3	4:28	20	36:52
Floh-Seligenthal	27.00	3:03:54	6:48	3	11:25	29	52:01	54.00	5:55:28	6:34	3	15:12	26	1:28:53
Finsterbergen	22.00	2:56:34	8:01	4	6:08	32	1:01:38	76.00	8:52:02	7:00	3	14:40	25	2:30:31
Waltershausen	19.00	2:27:59	7:47	4	4:12	27	48:00	95.00	11:20:01	7:09	3	18:52	26	3:15:45
Fröttstädt	5.00	31:40	6:20	11	5:34	43	10:32	100.00	11:51:41	7:07	3	23:09	26	3:26:17