



16. thüringen ULTRA  
Fröttstädt / 06.07.2024

Detailed evaluation

Michael Rauch

Club: Lokomotive Wendelstein  
Number: 73

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M50 (50-54)

Total time: 11:53:19

Speed: 8.41 km/h  
Running performance: 7:07 min/km

Rank in course/Total: 32 (of 195)

Rank in course/Men: 27 (of 156)

Best time in course: 8:25:24

Rank in category: 4(of 31)

Best time in the category: 11:28:32

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:02:14	6:44	6	15:08	38	47:32	27.00	3:02:14	6:44	6	15:08	38	47:32
Floh-Seligenthal	27.00	3:07:32	6:56	5	15:03	37	55:39	54.00	6:09:46	6:50	6	29:30	36	1:43:11
Finsterbergen	22.00	fehlt!	-	-	-	-	-	76.00	-	-	-	-	-	-
Waltershausen	19.00	5:17:27	16:42	26	2:53:40	141	3:37:28	95.00	11:27:13	7:14	4	26:04	27	3:22:57
Fröttstädt	5.00	26:06	5:13	1	-	10	4:58	100.00	11:53:19	7:07	4	24:47	27	3:27:55