



# 16. thüringen ULTRA

Fröttstädt / 06.07.2024

## Detailed evaluation

**Peter Flock**

Club: Lauffeuer Fröttstädt e.V.  
Number: 156

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M50 (50-54)

Total time: 12:53:15

Speed: 7.76 km/h  
Running performance: 7:43 min/km

Rank in course/Total: 61 (of 195)

Rank in course/Men: 52 (of 156)

Best time in course: 8:25:24

Rank in category: 10(of 31)

Best time in the category: 11:28:32

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:05:57	6:53	8	18:51	42	51:15	27.00	3:05:57	6:53	8	18:51	42	51:15
Floh-Seligenthal	27.00	3:09:19	7:00	6	16:50	42	57:26	54.00	6:15:16	6:56	7	35:00	39	1:48:41
Finsterbergen	22.00	3:20:25	9:06	13	29:59	67	1:25:29	76.00	9:35:41	7:34	9	58:19	48	3:14:10
Waltershausen	19.00	2:47:35	8:49	12	23:48	61	1:07:36	95.00	12:23:16	7:49	10	1:22:07	52	4:19:00
Fröttstädt	5.00	29:59	5:59	6	3:53	32	8:51	100.00	12:53:15	7:43	10	1:24:43	52	4:27:51