



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Uwe Stammer

Club: Blau-Weiss-Hettstedt
Number: 134

Course: 100.00 km
100 Kilometer

Category:
Senioren M50 (50-54)

Total time: 13:52:52

Speed: 7.20 km/h
Running performance: 8:19 min/km

Rank in course/Total: 100 (of 195)

Rank in course/Men: 79 (of 156)

Best time in course: 8:25:24

Rank in category: 16(of 31)

Best time in the category: 11:28:32

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Glasbachwiese	27.00	3:32:10	7:51	24	45:04	111	1:17:28	27.00	3:32:10	7:51	24	45:04	111	1:17:28
Floh-Seligenthal	27.00	3:26:36	7:39	16	34:07	71	1:14:43	54.00	6:58:46	7:45	18	1:18:30	90	2:32:11
Finsterbergen	22.00	3:24:45	9:18	16	34:19	77	1:29:49	76.00	10:23:31	8:12	17	1:46:09	79	4:02:00
Waltershausen	19.00	2:52:48	9:05	15	29:01	70	1:12:49	95.00	13:16:19	8:22	17	2:15:10	80	5:12:03
Fröttstädt	5.00	36:33	7:18	18	10:27	85	15:25	100.00	13:52:52	8:19	16	2:24:20	79	5:27:28