



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Ronald Stein

Number: 123

Course: 100.00 km
100 Kilometer

Category:
Senioren M50 (50-54)

Total time: 14:03:33

Speed: 7.11 km/h

Running performance: 8:26 min/km

Rank in course/Total: 104 (of 195)

Rank in course/Men: 82 (of 156)

Best time in course: 8:25:24

Rank in category: 19(of 31)

Best time in the category: 11:28:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:30:16	7:47	23	43:10	109	1:15:34	27.00	3:30:16	7:47	23	43:10	109	1:15:34
Floh-Seligenthal	27.00	3:36:34	8:01	22	44:05	94	1:24:41	54.00	7:06:50	7:54	23	1:26:34	103	2:40:15
Finsterbergen	22.00	fehlt!	-	-	-	-	-	76.00	-	-	-	-	-	-
Waltershausen	19.00	6:18:22	19:54	28	3:54:35	144	4:38:23	95.00	13:25:12	8:28	20	2:24:03	83	5:20:56
Fröttstädt	5.00	38:21	7:40	20	12:15	97	17:13	100.00	14:03:33	8:26	19	2:35:01	82	5:38:09