



16. thüringen ULTRA
Fröttstädt / 06.07.2024

Detailed evaluation

Wolfgang Schulz

Club: 100 Marathon Club
Number: 38

Course: 100.00 km
100 Kilometer

Category:
Senioren M55 (55-59)

Total time: 13:12:01

Speed: 7.58 km/h
Running performance: 7:55 min/km

Rank in course/Total: 65 (of 195)

Rank in course/Men: 56 (of 156)

Best time in course: 8:25:24

Rank in category: 5(of 30)

Best time in the category: 9:29:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:27:07	7:40	13	29:33	98	1:12:25	27.00	3:27:07	7:40	13	29:33	98	1:12:25
Floh-Seligenthal	27.00	3:24:49	7:35	6	17:48	68	1:12:56	54.00	6:51:56	7:37	12	1:51:45	79	2:25:21
Finsterbergen	22.00	3:04:59	8:24	2	50:22	40	1:10:03	76.00	9:56:55	7:51	5	2:42:07	57	3:35:24
Waltershausen	19.00	2:39:30	8:23	4	46:32	42	59:31	95.00	12:36:25	7:57	5	3:28:39	55	4:32:09
Fröttstädt	5.00	35:36	7:07	10	13:26	78	14:28	100.00	13:12:01	7:55	5	3:42:05	56	4:46:37