



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Ulrich Franke

Club: Universität Erfurt

Number: 118

Course: 2.00 km/Lap

Th. Hochschulmeisterschaft

Category:

Senioren M45 (45-49)

Total time: 41:23

Speed: 14.50 km/h

Running performance: 4:08 min/km

Laps: 5 (10 km)

Rank in course/Men: 7 (of 31)

Rank in category: 1(of 1)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.00	7:25	3:42	1	-	6	0:49	2.00	7:25	3:42	1	-	6	0:49
Lap 2	2.00	8:00	4:00	1	-	7	1:17	4.00	15:25	3:51	1	-	6	2:06
Lap 3	2.00	8:29	4:14	1	-	7	1:46	6.00	23:54	3:58	1	-	6	3:52
Lap 4	2.00	8:46	4:23	1	-	8	1:58	8.00	32:40	4:04	1	-	7	5:49
Lap 5	2.00	8:43	4:21	1	-	9	2:05	10.00	41:23	4:08	1	-	7	7:54