



# WBG Zukunft Gerauelauf

Erfurt / 24.08.2024

## Detailed evaluation

**Roman Freitag**

Total time: 1:26:27

Club: GutsMuths-Rennsteiglaufverein / Trailrunning

Speed: 14.57 km/h

Number: 216

Running performance: 4:07 min/km

Course: 21.00 km

Rank in course/Total: 3 (of 50)

Halbmarathon

Rank in course/Men: 3 (of 34)

Category:

Best time in course: 1:08:55

Senioren M35 (35-39) A

Rank in category: 2(of 8)

Best time in the category: 1:08:55

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	7:09	-	3	0:58	5	0:58	-	7:09	-	3	0:58	5	0:58
Zwischenzeit II	-	13:49	-	2	2:07	2	2:07	-	20:58	-	2	3:05	3	3:05
Zwischenzeit I	-	16:22	-	2	2:58	3	2:58	-	37:20	-	2	6:03	3	6:03
Zwischenzeit II	-	17:20	-	2	3:40	4	3:40	-	54:40	-	2	9:43	3	9:43
Zwischenzeit I	-	17:29	-	2	4:09	5	4:09	-	1:12:09	-	2	13:52	3	13:52
Finish	21.00	14:18	-	2	3:40	5	3:40	21.00	1:26:27	4:07	2	17:32	3	17:32