



WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

Detailed evaluation

Marc Denstedt

Club: Fahner Höhe Runners

Number: 209

Course: 21.00 km

Halbmarathon

Category:

Senioren M45 (45-49) A

Total time: 1:43:28

Speed: 12.18 km/h

Running performance: 4:55 min/km

Rank in course/Total: 12 (of 50)

Rank in course/Men: 12 (of 34)

Best time in course: 1:08:55

Rank in category: 1(of 1)

Best time in the category: 1:43:28

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	8:35	-	1	-	13	2:24	-	8:35	-	1	-	13	2:24
Zwischenzeit II	-	16:39	-	1	-	13	4:57	-	25:14	-	1	-	13	7:21
Zwischenzeit I	-	19:48	-	1	-	13	6:24	-	45:02	-	1	-	13	13:45
Zwischenzeit II	-	20:51	-	1	-	12	7:11	-	1:05:53	-	1	-	11	20:56
Zwischenzeit I	-	21:01	-	1	-	12	7:41	-	1:26:54	-	1	-	13	28:37
Finish	21.00	16:34	-	1	-	11	5:56	21.00	1:43:28	4:55	1	-	12	34:33