



## Detailed evaluation

**Ingo Thurm**

Club: sc impuls Erfurt

Number: 245

Course: 21.00 km

Halbmarathon

Category:

Senioren M50 (50-54) A

Total time: 1:23:26

Speed: 15.10 km/h

Running performance: 3:58 min/km

Rank in course/Total: 2 (of 50)

Rank in course/Men: 2 (of 34)

Best time in course: 1:08:55

Rank in category: 1(of 6)

Best time in the category: 1:23:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	7:06	-	1	-	3	0:55	-	7:06	-	1	-	3	0:55
Zwischenzeit II	-	13:49	-	1	-	2	2:07	-	20:55	-	1	-	2	3:02
Zwischenzeit I	-	16:07	-	1	-	2	2:43	-	37:02	-	1	-	2	5:45
Zwischenzeit II	-	16:27	-	1	-	3	2:47	-	53:29	-	1	-	2	8:32
Zwischenzeit I	-	16:35	-	1	-	3	3:15	-	1:10:04	-	1	-	2	11:47
Finish	21.00	13:22	-	1	-	3	2:44	21.00	1:23:26	3:58	1	-	2	14:31