



WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

Detailed evaluation

Nicole Beyer

Club: SV Ichtershausen

Number: 204

Course: 21.00 km

Halbmarathon

Category:

Seniorinnen W45 (45-49) A

Total time: 1:55:29

Speed: 10.91 km/h

Running performance: 5:29 min/km

Rank in course/Total: 26 (of 50)

Rank in course/Women: 6 (of 16)

Best time in course: 1:46:35

Rank in category: 2(of 3)

Best time in the category: 1:47:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit I	-	9:13	-	1	-	3	0:45	-	9:13	-	1	-	3	0:45
Zwischenzeit II	-	18:02	-	2	0:07	6	18:02	-	27:15	-	1	-	4	17:35
Zwischenzeit I	-	21:37	-	2	0:57	4	1:10	-	48:52	-	2	0:55	5	1:35
Zwischenzeit II	-	23:20	-	2	1:49	6	2:05	-	1:12:12	-	2	2:44	5	3:36
Zwischenzeit I	-	23:23	-	2	1:58	6	2:32	-	1:35:35	-	2	4:42	5	6:08
Finish	21.00	19:54	-	2	3:12	8	3:12	21.00	1:55:29	5:29	2	7:54	6	8:54