



# WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

## Detailed evaluation

**Alma Zita Orlik**

Club: LAC Erfurt

Number: 55

Course: 4.30 km

Jedermann

Category:

Frauen (20-29 Jahre) J

Total time: 24:46

Speed: 9.69 km/h

Running performance: 5:45 min/km

Rank in course/Total: 26 (of 44)

Rank in course/Women: 6 (of 16)

Best time in course: 21:03

Rank in category: 1(of 3)

Best time in the category: 24:46

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit I	-	9:35	-	1	-	4	0:47	-	9:35	-	1	-	4	0:47
Finish	4.30	15:11	-	1	-	7	2:56	4.30	24:46	5:45	1	-	6	3:43