



### Detailed evaluation

**Mario Heinrich**

Club: Osthäuser SV

Number: 18

Course: 4.30 km

Jedermann

Category:

Senioren M50 (50-54) J

Total time: 22:16

Speed: 10.78 km/h

Running performance: 5:10 min/km

Rank in course/Total: 16 (of 44)

Rank in course/Men: 14 (of 28)

Best time in course: 17:40

Rank in category: 1(of 1)

Best time in the category: 22:16

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	9:19	-	1	-	17	1:44	-	9:19	-	1	-	17	1:44
Finish	4.30	12:57	-	1	-	14	2:52	4.30	22:16	5:10	1	-	14	4:36