



WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

Detailed evaluation

Mario Heinrich

Club: Osthäuser SV

Number: 18

Course: 4.30 km

Jedermann

Category:

Senioren M50 (50-54) J

Total time: 22:16

Speed: 10.78 km/h

Running performance: 5:10 min/km

Rank in course/Total: 16 (of 44)

Rank in course/Men: 14 (of 28)

Best time in course: 17:40

Rank in category: 1(of 1)

Best time in the category: 22:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit I	-	9:19	-	1	-	17	1:44	-	9:19	-	1	-	17	1:44
Finish	4.30	12:57	-	1	-	14	2:52	4.30	22:16	5:10	1	-	14	4:36