



Detailed evaluation

Thomas Dittrich

Club: PaceMaker

Number: 319

Course: 9.25 km

9 km Lauf

Category:

Senioren M35 (35-39)

Total time: 49:54

Speed: 10.82 km/h

Running performance: 5:23 min/km

Rank in course/Total: 52 (of 91)

Rank in course/Men: 39 (of 57)

Best time in course: 36:04

Rank in category: 12(of 16)

Best time in the category: 36:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Zwischenzeit I	-	9:02	-	13	3:01	42	3:01	-	9:02	-	13	3:01	42	3:01
Zwischenzeit I	-	23:06	-	12	6:50	42	6:50	-	32:08	-	12	9:51	42	9:51
Finish	9.25	17:46	-	10	3:59	31	5:00	9.25	49:54	5:23	12	13:50	39	13:50