



2. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 15.01.2025

Detailed evaluation

Odin Löhner

Club: Die sausenden 7 Meter Spezialisten
Number: 64

Course: 0.49 km/Lap
Halbstundenlauf

Category:
männliche Jugend U16 (14/15)

Total time: 28:37

Speed: 8.39 km/h

Running performance: 5:50 min/km

Laps: 10 (4.9 km)

Rank in course/Men: 26 (of 38)

Rank in category: 1(of 4)

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.49	2:56	5:59	1	-	29	0:49	0.49	2:56	5:59	1	-	29	0:49
Lap 2	0.49	2:38	5:22	1	-	25	0:32	0.98	5:34	5:40	1	-	26	1:21
Lap 3	0.49	2:36	5:18	1	-	20	0:30	1.47	8:10	5:33	1	-	25	1:51
Lap 4	0.49	2:41	5:28	1	-	21	0:31	1.96	10:51	5:32	1	-	25	2:19
Lap 5	0.49	2:48	5:42	1	-	21	0:45	2.45	13:39	5:34	1	-	24	3:04
Lap 6	0.49	2:58	6:03	2	0:16	30	0:52	2.94	16:37	5:39	1	-	24	3:56
Lap 7	0.49	2:46	5:38	1	-	19	0:41	3.43	19:23	5:39	1	-	24	4:37
Lap 8	0.49	3:09	6:25	1	-	27	1:02	3.92	22:32	5:44	1	-	24	5:38
Lap 9	0.49	2:59	6:05	3	0:19	27	0:52	4.41	25:31	5:47	1	-	24	6:27
Lap 10	0.49	3:06	6:19	1	-	27	1:05	4.90	28:37	5:50	1	-	24	7:32